


New Lexington Middle School 2020-2021 Menu


MENU #1

MONDAY Bacon Cheeseburger/WG Bun French Fries Fruit & Vegetable Bar Milk Breakfast: Cereal Bar Cheese Stick Fruit/Juice & Milk	Taco Tuesday! Cheese, Lettuce, Salsa Spanish Rice Refried Beans Fruit & Vegetable Bar/Milk Breakfast: Cocoa Cherry Bar Cheese Stick Fruit/Juice & Milk	WEDNESDAY Pancakes & Sausage Links Egg and Cheese Omelet Hashbrown Fruit & Vegetable Bar/Milk Breakfast: Cinnamon Bun Cheese Stick Fruit/Juice & Milk	THURSDAY Chicken Drumstick Scallop Potatoes Green Beans Fruit & Vegetable Bar/Milk Breakfast: Goldfish Cheese Stick Fruit/Juice & Milk	FRIDAY School Pizza Green Beans Sun Chips Fruit & Vegetable Bar/Milk Breakfast: WG Donuts Cheese Stick Fruit/Juice & Milk
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MENU #2

MONDAY Mini Corn Dogs Baked Beans w/Scoops Fruit & Vegetable Bar Milk Breakfast: Cereal Bar Cheese Stick Fruit/Juice & Milk	TUESDAY Rotini Pasta Garlic Bread Green Beans Fruit & Vegetable Bar/Milk Breakfast: WG Muffins Cheese Stick Fruit/Juice & Milk	WEDNESDAY Cooks Choice Fruit and Vegetable Bar Milk Breakfast: WG Pop Tart Cheese Stick Fruit/Juice & Milk	THURSDAY Chicken Nuggets Mac & Cheese Green Beans Fruit and Vegetable Bar Milk Breakfast: Cocoa Cherry Bar Fruit/Juice & Milk	FRIDAY Cheesy Breadsticks w/Marinara Dip Steamed Corn Fruit & Vegetable Bar Milk Breakfast: Goldfish Cheese Stick Fruit/Juice & Milk
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MENU #3

MONDAY Chicken Tenders Mashed Potatoes w/Gravy Roll w/Butter Fruit & Vegetable Bar/Milk Breakfast: Cereal Bar Cheese Stick Fruit/Juice & Milk	Taco Tuesday! Taco Bites Steamed Corn Fruit & Vegetable Bar/Milk Breakfast: Cocoa Cherry Bar Cheese Stick Fruit/Juice & Milk	WEDNESDAY Deli Sub Sun Chips Pasta Salad Fruit & Vegetable Bar/Milk Breakfast: Cinnamon Bun Cheese Stick Fruit/Juice & Milk	THURSDAY Rice Bowl w/Popcorn Chicken California Blend Fortune Cookie Fruit & Vegetable Bar/Milk Breakfast: Goldfish Cheese Stick Fruit/Juice and Milk	FRIDAY Pizza Rounds Green Beans Sun Chips Fruit & Vegetable Bar Milk Breakfast: WG Donuts Cheese Stick Fruit/Juice and Milk
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MENU #4


MONDAY Chicken Patty on WG Bun Cheesy Potatoes Fruit & Vegetable Bar Milk Breakfast: Cereal Bar Cheese Stick Fruit/Juice & Milk	TUESDAY Pasta Bake Green Beans Garlic Bread Fruit & Vegetable Bar/Milk Breakfast: WG Muffins Cheese Stick Fruit/Juice & Milk	WEDNESDAY BBQ Pulled Pork/WG Bun Baked Potato w/Butter Fruit & Vegetable Bar Milk Breakfast: WG Pop Tart Cheese Stick Fruit/Juice & Milk	THURSDAY Popcorn Chicken Mashed Potatoes w/Gravy Roll w/Butter Fruit & Vegetable Bar/Milk Breakfast: Cocoa Cherry Bar Cheese Stick Fruit/Juice & Milk	FRIDAY Chicken Quesadilla Romaine Blend Salad w/Dressing Fruit & Vegetable Bar/Milk Breakfast: Goldfish Cheese Stick Fruit/Juice & Milk
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Breakfast and Lunch offered to ALL students at No Charge.
Adult Lunch: \$3.75
Extra Milk: \$0.50

Alternate Breakfast options offered daily include:
A Variety of WG Cereal or WG Cereal Bars, Cheesesticks and WG Poptarts

All flavored milk served is Fat Free, White Milk is 1%.



The fruit and vegetable bar offers a variety of fruits and vegetables daily

Additional Entrees and a la Carte items available daily

Menu subject to change due to the availability of foods and unexpected school closings.
WG = Whole Grain

Follow the menu with its calendar day. Each week is represented by a color and represents a 4-week cycle menu.

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SEPTEMBER 2020	OCTOBER 2020	NOVEMBER 2020	DECEMBER 2020	JANUARY 2021	FEBRUARY 2021	MARCH 2021	APRIL 2021	MAY 2021
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6 7 8 9 10 11 12	4 5 6 7 8 9 10	8 9 10 11 12 13 14	6 7 8 9 10 11 12	3 4 5 6 7 8 9	7 8 9 10 11 12 13	7 8 9 10 11 12 13	4 5 6 7 8 9 10	9 10 11 12 13 14 15
13 14 15 16 17 18 19	11 12 13 14 15 16 17	15 16 17 18 19 20 21	13 14 15 16 17 18 19	10 11 12 13 14 15 16	14 15 16 17 18 19 20	14 15 16 17 18 19 20	11 12 13 14 15 16 17	16 17 18 19 20 21 22
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27 28 29 30	25 26 27 28 29 30 31	29 30	27 28 29 30 31	24 25 26 27 28 29 30	28	28 29 30 31	25 26 27 28 29 30	30 31