

New Lexington High School 2020-2021 Menu

MENU #1

MONDAY Bacon Cheeseburger/WG Bun Green Beans Sun Chips Fruit & Vegetable Bar Milk Breakfast: Cinnamon Buns Breakfast Pizza Fruit/Juice & Milk	TUESDAY Super Nachos w/Taco Meat Cheese, Lettuce, Salsa Mexican Side Dish Refried Beans Fruit & Vegetable Bar Milk Breakfast: WG Donuts Pancake Wrap Fruit/Juice & Milk	WEDNESDAY Rice Bowl w/Popcorn Chicken California Blend Veggies Fortune Cookie Fruit & Vegetable Bar Milk Breakfast: PBJ Wafer Breakfast Sliders Fruit/Juice and Milk	THURSDAY Hot Dog w/Coney Sauce French Fries Fruit & Vegetable Bar Milk Breakfast: WG Muffins Mini Pancakes Fruit/Juice & Milk	FRIDAY Egg & Cheese Omelet French Toast w/Syrup Sausage Links Fruit & Vegetable Bar Milk Breakfast: WG Cinnamon Donuts Pizza Bagel Fruit/Juice & Milk
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MENU #2

MONDAY Cook's Choice Fruit & Vegetable Bar Milk Breakfast: Cherrie Bars Breakfast Pizza Fruit/Juice & Milk	TUESDAY Chicken Quesadilla w/Salsa Seasoned Green Beans Fruit & Vegetable Bar Milk Breakfast: WG Donuts Pancake Wrap Fruit/Juice & Milk	WEDNESDAY Salisbury Steak Mashed Potatoes w/Gravy Roll w/Butter Fruit & Vegetable Bar Milk Breakfast: PBJ Wafer Breakfast Sliders Fruit/Juice & Milk	THURSDAY Mini Corn Dogs Bakes Beans w/Scoops Fruit & Vegetable Bar Milk Breakfast: WG Muffins Mini Pancakes Fruit/Juice & Milk	FRIDAY Cheesy Breaksticks w/Marinara Dip Steamed Corn Fruit & Vegetable Bar Milk Breakfast: Cinnamon Buns Pizza Bagel Fruit/Juice & Milk
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MENU #3

MONDAY Chicken Nuggets Mac 'n Cheese Seasoned Green Beans Fruit & Vegetable Bar Milk Breakfast: Cinnamon Buns Breakfast Pizza Fruit/Juice & Milk	TUESDAY Meatball Sub on WG Bun Scalloped Potatoes Fruit & Vegetable Bar Milk Breakfast: WG Donuts Pancake Wrap Fruit/Juice & Milk	WEDNESDAY Rice Bowl w/Popcorn Chicken California Blend Veggies Fortune Cookie Fruit & Vegetable Bar Milk Breakfast: PBJ Wafer Breakfast Sliders Fruit/Juice & Milk	THURSDAY Deli Sub Sun Chips Pasta Salad Fruit & Vegetable Bar Milk Breakfast: WG Muffins Mini Pancakes Fruit/Juice & Milk	FRIDAY Pizza Romaine Blend Salad w/Dressing Fruit & Vegetable Bar Milk Breakfast: WG Cinnamon Donuts Pizza Bagel Fruit/Juice & Milk
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MENU #4

MONDAY Chicken Patty on WG Bun Broccoli/Cheese Casserole Fruit & Vegetable Bar Milk Breakfast: Cherrie Bars Breakfast Pizza Fruit/Juice & Milk	TUESDAY BBQ Pull Pork on WG Bun Baked Potato w/Butter Fruit & Vegetable Bar Milk Breakfast: WG Donuts Pancake Wrap Fruit/Juice & Milk	WEDNESDAY Mashed Potatoes w/Popcorn Chicken, Gravy, Steamed Corn Roll w/Butter Fruit & Vegetable Bar/Milk Breakfast: PBJ Wafer Breakfast Sliders Fruit/Juice & Milk	THURSDAY Johnny Marzetti Seasoned Green Beans Garlic Bread Sidekicks Fruit & Vegetable Bar/Milk Breakfast: WG Muffins Mini Pancakes Fruit/Juice & Milk	FRIDAY Pizza Romaine Blend Salad w/Dressing Fruit & Vegetable Bar Milk Breakfast: Cinnamon Buns Pizza Bagel Fruit/Juice & Milk
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Breakfast and Lunch offered to ALL students at No Charge.
Adult Lunch: \$3.75
Extra Milk: \$0.50

Alternate Breakfast options offered daily include:
A Variety of WG Cereal or WG Cereal Bars, Cheesesticks and WG Poptarts

 **All flavored milk served is Fat Free, White Milk is 1%.**

The fruit and vegetable bar offers a variety of fruits and vegetables daily

Additional Entrees and a la Carte items available daily

Menu subject to change due to the availability of foods and unexpected school closings.
WG = Whole Grain

Follow the menu with its calendar day. Each week is represented by a color and represents a 4-week cycle menu.

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SEPTEMBER 2020	OCTOBER 2020	NOVEMBER 2020	DECEMBER 2020	JANUARY 2021	FEBRUARY 2021	MARCH 2021	APRIL 2021	MAY 2021
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
1 2 3 4 5	1 2 3	1 2 3 4 5 6 7	1 2 3 4 5	1 2	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3	1 2 3 4 5 6 7 8
6 7 8 9 10 11 12	4 5 6 7 8 9 10	8 9 10 11 12 13 14	6 7 8 9 10 11 12	3 4 5 6 7 8 9	7 8 9 10 11 12 13	7 8 9 10 11 12 13	4 5 6 7 8 9 10	9 10 11 12 13 14 15
13 14 15 16 17 18 19	11 12 13 14 15 16 17	15 16 17 18 19 20 21	13 14 15 16 17 18 19	10 11 12 13 14 15 16	14 15 16 17 18 19 20	14 15 16 17 18 19 20	11 12 13 14 15 16 17	16 17 18 19 20 21 22
20 21 22 23 24 25 26	18 19 20 21 22 23 24	22 23 24 25 26 27 28	20 21 22 23 24 25 26	17 18 19 20 21 22 23	21 22 23 24 25 26 27	21 22 23 24 25 26 27	18 19 20 21 22 23 24	23 24 25 26 27 28 29
27 28 29 30	25 26 27 28 29 30 31	29 30	27 28 29 30 31	24 25 26 27 28 29 30 31	28	28 29 30 31	25 26 27 28 29 30	30 31

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