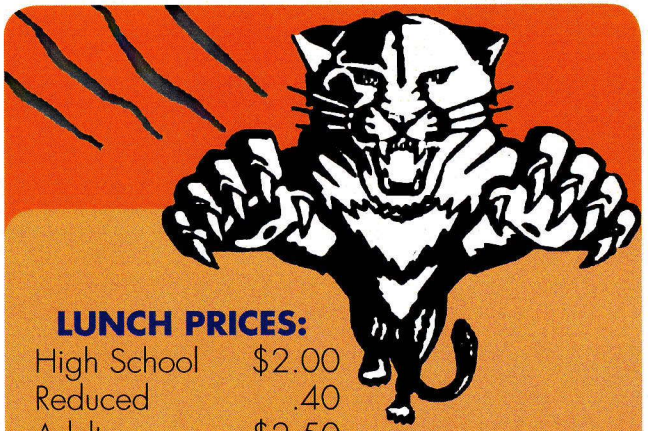
New Lexington High School 2013–2014 Lunch Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU #1	Chicken Sandwich on WG Bun Crispy Fries Fruit & Vegetable Bar Milk Choice	Philly Cheese Steak Sandwich Tator Tots Fruit & Vegetable Bar Milk Choice	Chicken & Noodles Whipped Potatoes Roll & Butter Fruit & Vegetable Bar Milk Choice	Macaroni & Cheese Fish Sandwich Peas and Carrots Fruit & Vegetable Bar Milk Choice	Specialty Pizza Romaine Blend Salad w/Ranch or Italian Dressing Fruit & Vegetable Bar Milk Choice
MENU #2	All Beef Hot Dog on WG Bun Seasoned Fries Carrots w/Dip Fruit & Vegetable Bar Milk Choice	Meatball Sub Seasoned Green Beans Fruit & Vegetable Bar Milk Choice	**Potato Bowl** Popcorn Chicken, Whipped Potatoes Corn & Gravy Fruit & Vegetable Bar Milk Choice	**Super Nachos** Taco Meat, Cheese, Lettuce, Refried Beans & Salsa Fruit & Vegetable Bar Milk Choice	Bosco Sticks w/Marinara Sauce Romaine Blend Salad w/Ranch or Italian Dressing Fruit & Vegetable Bar Milk Choice
MENU #3	Chicken Nuggets Whipped Potatoes/ Gravy Fruit & Vegetable Bar Roll & Butter Milk Choice	Bacon Cheese Burger on WG Bun w/Pickles Seasoned Fries Fruit/ Vegetable Bar Milk Choice	**Rice Bowl** Popcorn Chicken California Blend Vegetables Fortune Cookie Fruit & Vegetable Bar Milk Choice	Italian Sub Sun Chips Carrots w/Dip Fruit/Vegetable Bar Milk Choice	Specialty Pizza Romaine Blend Salad w/ Ranch or Italian Dressing Fruit & Vegetable Bar Milk Choice
MENU #4	Chicken Tenders Seasoned Fries Fruit & Vegetable Bar Roll & Butter Milk Choice	Mini Corn Dogs Baked Beans w/Scoops Carrots w/Dip Fruit/Vegetable Bar Milk Choice	Spaghetti w/Meat Sauce Seasoned Green Beans Frozen Fruit Cup Texas Toast Milk Choice	**BYO Burrito** w/Taco Meat, Cheese, Lettuce & Salsa Spanish Rice Fruit & Vegetable Bar Milk Choice	Uno's Cheese Pizza Romaine Blend Salad w/Ranch or Italian Dressing Fruit & Vegetable Bar Milk Choice



LUNCH PRICES:

High School	$2.00
Reduced	.40
Adult	$2.50
Extra Milk	$.50

(we have a no charge policy)

The Fruit & Vegetable Bar offers a variety of Fruits and Vegetables

All flavored milk served is fat free, white milk is 1%.

Breakfast offered to all students at no cost daily:

Asst. Breakfast Items
Fresh Fruit/100% OJ
Milk

WG = Whole Grain

Follow the menu with its calendar day. Each week is represented by a color and represents a 4-week cycle menu.

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AUGUST 2013						
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SEPTEMBER 2013						
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DECEMBER 2013						
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JANUARY 2014						
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FEBRUARY 2014						
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MARCH 2014						
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APRIL 2014						
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MAY 2014						
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