

New Lexington High School 2018-2019 Menu

MENU #1

MONDAY Bacon Cheeseburger On WG Bun Sunchips Fruit & Vegetable Bar Milk	TUESDAY Super Nachos! Taco Meat, Chips, Lettuce, Cheese, Salsa Mexican Side Dish Fruit & Vegetable Bar Milk	WEDNESDAY Chicken & Noodles Mashed Potatoes Roll w/Butter Fruit & Vegetable Bar Milk	THURSDAY Hot Dog w/Coney Sauce On WG Bun French Fries Fruit & Vegetable Bar Milk	FRIDAY Breakfast Egg Omelet French Toast Syrup Hashbrown Sausage Link Juice/Milk
---	--	--	---	--

MENU #2

MONDAY Cook's Choice Fruit & Vegetable Bar Milk	TUESDAY Chicken Quesadilla w/Salsa Seasoned Green Beans Fruit & Vegetable Bar Milk	WEDNESDAY Salisbury Steak Mashed Potatoes w/Gravy Roll w/Butter Fruit & Vegetable Bar Milk	THURSDAY Mini Corn Dogs Baked Beans w/Scoops Fruit & Vegetable Bar Milk	FRIDAY Cheesy Breadsticks w/Marinara Dip Steamed Corn Fruit & Vegetable Bar Milk
---	--	---	---	--

MENU #3

MONDAY Chicken Nuggets Mac 'n Cheese Seasoned Green Beans Fruit & Vegetable Bar Milk	TUESDAY Meatball Sub On WG Bun Scalloped Potatoes Fruit & Vegetable Bar Milk	WEDNESDAY Rice Bowl w/Popcorn Chicken California Blend Veggies Fortune Cookie Fruit & Vegetable Bar Milk	THURSDAY Deli Sub Sunchips Pasta Salad Fruit & Vegetable Bar Milk	FRIDAY Pizza Romaine Blend Salad w/Dressing Fruit & Vegetable Bar Milk
--	--	---	---	--

MENU #4

MONDAY Chicken Patty Sandwich On WG Bun Broccoli/Cheese Casserole Fruit & Vegetable Bar Milk	TUESDAY BBQ Pulled Pork Sandwich on WG Bun Baked Potato Fruit & Vegetable Bar Milk	WEDNESDAY Mashed Potato Bowl w/Popcorn Chicken, Gravy, Steamed Corn Roll w/Butter Fruit & Vegetable Bar Milk	THURSDAY Johnny Marzetti Seasoned Green Beans Garlic Bread Sidekicks Fruit & Vegetable Bar Milk	FRIDAY Pizza Romaine Blend Salad w/Dressing Fruit & Vegetable Bar Milk
--	--	---	--	--



Breakfast and Lunch offered to ALL students at No Charge.
Adult Lunch: \$2.50
Extra Milk: \$0.50



All flavored milk served is Fat Free, White Milk is 1%.

The fruit and vegetable bar offers a variety of fruits and vegetables daily

Additional Entrees and a la Carte items available daily

Menu subject to change due to the availability of foods and unexpected school closings.

WG = Whole Grain

Follow the menu with its calendar day. Each week is represented by a color and represents a 4-week cycle menu.

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

AUGUST 2018	SEPTEMBER 2018	OCTOBER 2018	NOVEMBER 2018	DECEMBER 2018	JANUARY 2019	FEBRUARY 2019	MARCH 2019	APRIL 2019	MAY 2019
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
1 2 3 4	1	1 2 3 4 5 6	1 2 3	1	1 2 3 4 5	1 2	1 2	1 2 3 4 5 6	1 2 3 4
5 6 7 8 9 10 11	2 3 4 5 6 7 8	7 8 9 10 11 12 13	4 5 6 7 8 9 10	2 3 4 5 6 7 8	6 7 8 9 10 11 12	3 4 5 6 7 8 9	3 4 5 6 7 8 9	7 8 9 10 11 12 13	5 6 7 8 9 10 11
12 13 14 15 16 17 18	9 10 11 12 13 14 15	14 15 16 17 18 19 20	11 12 13 14 15 16 17	9 10 11 12 13 14 15	13 14 15 16 17 18 19	10 11 12 13 14 15 16	10 11 12 13 14 15 16	14 15 16 17 18 19 20	12 13 14 15 16 17 18
19 20 21 22 23 24 25	16 17 18 19 20 21 22	21 22 23 24 25 26 27	18 19 20 21 22 23 24	16 17 18 19 20 21 22	20 21 22 23 24 25 26	17 18 19 20 21 22 23	17 18 19 20 21 22 23	21 22 23 24 25 26 27	19 20 21 22 23 24 25
26 27 28 29 30 31	23 24 25 26 27 28 29	28 29 30 31	25 26 27 28 29 30	23 24 25 26 27 28 29	27 28 29 30 31	24 25 26 27 28	24 25 26 27 28 29 30	28 29 30	26 27 28 29 30 31