



October, 2017

Shelf-Stable Afterschool Meal Program

2-Week Cycle Menu

| | Monday | Tuesday | Wednesday | Thursday |
|---------------|--|---|--|---|
| Week A | 1014 Chicken Salad (Original) Flour Tortilla Soy Nuts Raisins 100% Juice | 1010 Cheddar Cheese Stick Sunflower Kernels Marinara Cup Whole Grain Corn Chips Mandarin Oranges | 1006 Sun Butter Pretzels Trail Mix Flavored Applesauce 100% Juice | 1005 Cheddar Cheese Cup Whole grain crackers (3, 2-ct.) Sunflower Kernels Dried Fruit Mix 100% Veg Blend Juice |
| Week B | 1002 Cheddar Cheese Stick Soy Nuts Mixed Fruit Whole Grain Cheez-Its 100% Veg Blend Juice | 1009 Chicken Salad (Original) Whole grain crackers (3, 2-ct.) Sunflower Seeds Raisins 100% Juice | 1001 WOW Butter Graham crackers Trail Mix 100% Veg. Blend Juice Flavored Applesauce | 1008 Cheddar Cheese Stick Meat Stick Sunflower Kernels Whole Grain Corn Chips 1- Marinara Cup Peaches |
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